

## **Submissions**

Thank you for considering Zen Publications for publishing your work.

Before you submit your work to us we would request you to please read and follow the guidelines below.

Zen Publications focuses on high quality books and audio/video projects concerning body-mind-spirit, broadly indicated by the following categories: philosophy, mysticism, spirituality (especially Advaita Vedanta, Tao and Zen), alternative health therapies, holistic healing and self help. Our works appeal to both niche as well as large, general audiences. We request you to kindly abstain from submitting books that do not fit our guidelines.

## **Your Proposal**

If you are proposing a book, your proposal must tell us about the book, yourself and your credentials to write it. It would help if you could tell us about the potential market for the book, other successful books in the same category and how you would propose to promote your book. Give us your ideas for marketing and publicity and let us know if you have had any media exposure be it print, TV or radio?

Initially, please send us a synopsis of your book, a table of contents and two sample chapters. This should be accompanied by your complete mailing address, telephone/fax number and your email ID.

If you are proposing an audio or video project, please send us a detailed synopsis with your background, credentials, and marketing potential. Also send us copies of your earlier work.

Please bear in mind that it may take us anywhere from eight to twelve weeks to respond to your submission.

Once the synopsis finds acceptance with our Editors, we would like you to Email us a soft copy of your manuscript typed in double spacing, as an attached file in MS Word format. In most cases we prefer not to receive a hard copy of the manuscript.

## **Return of Manuscript and Materials**

Please include a self-addressed stamped envelope if you want your manuscript/material returned. Ensure the envelope is large enough to contain the manuscript and that it has sufficient postage. Please note that we will not be held responsible for lost or misdirected manuscripts, photos, or

artwork, so please do not submit originals. We are not responsible for any loss or damage to the manuscript while it is in our possession, although we take great care of all manuscripts submitted.

Please allow us twelve weeks to respond. However, it can take up to six months for a response and/or return of your work. Please be patient as publishing houses are continuously working on projects at many different stages. We regret that we may not be able to answer phone calls we receive regarding the status of proposals, since we receive many manuscripts and inquiries.

You may send your manuscripts to:

Submissions Editor, Zen Publications, 59, Juhu Supreme Shopping Centre, Gulmohar Cross Road NO. 9 JVPD Scheme, Juhu, Mumbai 400049. India. Or you may Email your manuscripts to [zenpublications@gmail.com](mailto:zenpublications@gmail.com) marking it to Submissions Editor.